

WILD GARLIC

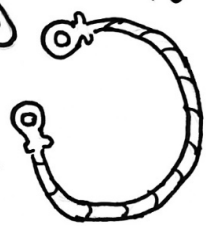


PINK-FOOTED

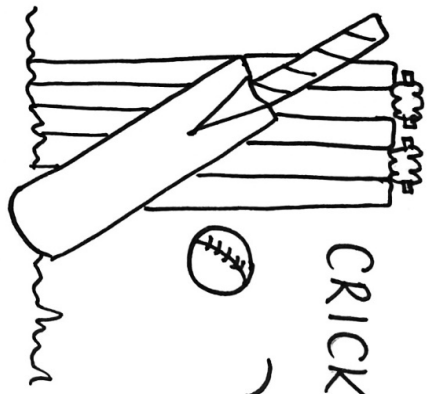
GEESE



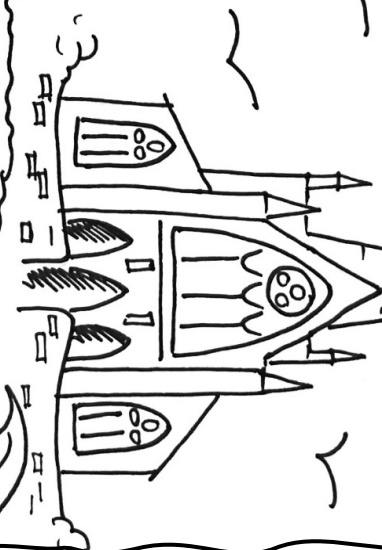
TORC



CRICKET



ST. MARY'S



# the ROSE and CROWN

KELP



SEAWEED

& SAMPHIRE

Snettisham

SHEEP



PIED AVOCET



MUSSELS



SCALLOPS



WHEAT



RED DEER



## Sample Children's Menu

### Mains

Cheeseburger, fries and salad £8 G, E, M, GF option

Chicken nuggets, fries, beans £8 M, G

Fish goujons, fries, garden peas £8 F, M, G

Flat bread, hummus, cucumber & carrot sticks, fries £8 Se, G

Haddock fishcake, seasonal vegetables £8 F, M, G

Mini tikka, basmati rice, naan chicken £8.50 vegetable £8 G, SE, M, Ce, GF option

Spaghetti bolognese, garlic bread £8 G, CE, M

### Sides & Snacks

French Fries £3 *add cheddar + £2* M

Chunky Chips £3 *add cheddar + £2* M

Garlic Ciabatta £3 G, M *add cheddar + £2* M

Cucumber & Tomatoes £3

### Puddings

The sandwich – vanilla ice cream and cookies raspberry and chocolate and chocolate sauce £5.50  
G, M, SU, E, LU,

The crunch – toasted rice and milk chocolate, banana marshmallow, dipping chocolate fudge sauce £5.50 GF, E, LU, M

Blueberry muffin, lemon meringue ice cream, blueberry gel and meringue £5.50 G, E, M, LU, SU

Double chocolate brownies served with chocolate sauce and raspberry ripple ice cream £5.50 E, M, LU, GF, V, N

Ice Cream - Vanilla VF Strawberry V Chocolate VE, V Banana & Toffee V £2.50

G - CEREALS CONTAINING GLUTEN CE - CELERY CR - CRUSTACEANS E - EGGS F - FISH LU - LUPIN MO - MOLLUSCS MU - MUSTARD M - MILK SO - SOYA BEANS SE - SESAME SU - SULPHITES PN - PEANUTS NU - TREE NUTS / GFO - GLUTEN FREE OPTION VO - VEGAN OPTION VF - VEGAN FRIENDLY

We kindly ask that you notify us of any allergies or dietary requirements as many dishes can be adjusted to suit your needs. ALL dishes are prepared in a kitchen where nuts are present. All our salad dressings contain mustard.